



Frequency and Limitation Grid

Calendar Year Maximums, Orthodontia Lifetime Maximums, Calendar Year Deductibles, Frequencies, Limitations & Exclusions

There is a twelve (12) month wait on major dental services, including orthodontia, for all dental products

PRODUCT	CALENDAR	ORTHODONTIA	CALENDAR	EXAM	FULL	BITEWING	PROPHY	FLOURIDE	SEALANTS
CODE	YEAR	LIFETIME	YEAR		MOUTH X-	X-RAYS		Under Age	Permanent
	MAXIMUM	MAXIMUM	DEDUCTIBLES		RAY /			19	Molars
		Under Age 19	Waived For Type I		PANOREX				Under Age
			Services						19
DLV P0900	\$1000	No Ortho	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
			\$25 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
			\$75 Per Family	year	calendar years	year	year	year	
DLV P1300	\$2000	\$1500 Lifetime	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
		\$500 Per	\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
		Calendar Year	\$150 Per Family	year	calendar years	year	year	year	
DLV P130L	\$2000	\$1500 Lifetime	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
		\$500 Per	\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
		Calendar Year	\$150 Per Family	year	calendar years	year	year	year	
DLV P1400	\$1000	No Ortho	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
			\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
			\$150 Per Family	year	calendar years	year	year	year	
DLV P2200	\$2000	\$2000 Lifetime	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
		\$667 Per	\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
		Calendar Year	\$150 Per Family	year	calendar years	year	year	year	



Sierra Health-Care Options

DLV PP100	\$1500	\$1500 Lifetime	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
		\$500 Per	\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
		Calendar Year	\$150 Per Family	year	calendar years	year	year	year	
DLV PP301	\$1500	No Ortho	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
DLV PP303			\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
			\$150 Per Family	year	calendar years	year	year	year	
DLV PP400	\$1500	No Ortho	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
			\$50 per Insured /	calendar	every three (3)	per calendar	calendar	calendar	months
			\$150 Per Family	year	calendar years	year	year	year	
DLV PP500	\$1500	\$1500 Lifetime	In-Plan \$1000	Two per	One of either	Two (2) sets	Two (2) per	Once per	Once in 36
		\$500 Per	Deductible / Non-	calendar	every three (3)	per calendar	calendar	calendar	months
		Calendar Year	Plan \$100 Per	year	calendar years	year	year	year	
			Insured / \$300 Per		-				
			Family						
D5INSADO	\$1500	No Ortho	In-Plan / Non-Plan	Two per	One of either	Two (2) sets	Two (2) per	Not covered	Not covered
DLVPP270			\$50 per Insured /	calendar	every three (3)	per calendar	calendar		
DLVPP280			Maximum 3 per	year	calendar years	year	year		
DLVPP290			Family		,				

Additional Frequencies, Limitations & Exclusions on following page





Additional Frequencies, Limitations & Exclusions

There is a twelve (12) month wait on major dental services, including orthodontia, for all dental products

- 1. Composite fillings are covered on posterior teeth.
- 2. Full Mouth Debridement is covered once in a thirty-six (36) month period.
- 3. Periodontal Root Planing is limited to once per quadrant in a calendar year.
- 4. Periodontal Maintenance Prophylaxis is covered once every three (3) months after completion of Periodontal Therapy.
- 5. Teeth missing prior to the effective date of coverage under Sierra Health & Life Insurance Company, Inc. are not covered for replacement.
- 6. Existing inlays, onlays, crowns, permanent bridges, removable partials, and dentures are not covered for replacement if less than five (5) years old.
- 7. Lost or stolen dentures, partials, other appliances, crowns or bridgework are not covered for replacement.
- 8. Veneers are not a covered benefit.
- 9. Relines are covered once in a six (6) month period.
- 10. Occlusal guard appliances are not covered.
- 11. Implants or implant related services are not a covered benefit.