



Quality Improvement – Clinical Quality Team

Monthly Jam Session and Tech Spec Series

Introduction



The QI Clinical Quality Team has interpreted and broken down the Measurement Year (MY) 2023 Technical Specifications.

They then organized them in a way to make them informative, interesting and in some cases, they even made learning HEDIS and Risk **FUN!!**

This year we are excited to add two new sessions to our series!

▶ HEDIS 101 & Provider Resources

- <https://healthplanofnevada.com/Provider/HEDIS-Measures>

▶ Risk Adjustment 101:

- Risk Adjustment Factor (RAF)
- Risk Adjustment Data Validation (RADV)

HEDIS® Lunch & Learn Series



2023 Monthly Jam Session and Tech Spec Series

- ▶ ~~June 14: HEDIS 101 & Provider Resources~~ (*new offering*)
- ▶ ~~July 12: Coding and Closing Gaps in Care~~
- ▶ ~~August 9: Pregnancy and Pediatric Measures~~
- ▶ **September 13: Behavioral Health Measures**
- ▶ **October 11: Adult Measures**
- ▶ **November 8: Risk Adjustment 101; RAF and RADV** (*new offering*)

**For more information or to receive the link to attend, email
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This presentation will be available on our website:
[HEDIS Measures - Doctor / Provider - Health Plan of Nevada](#)

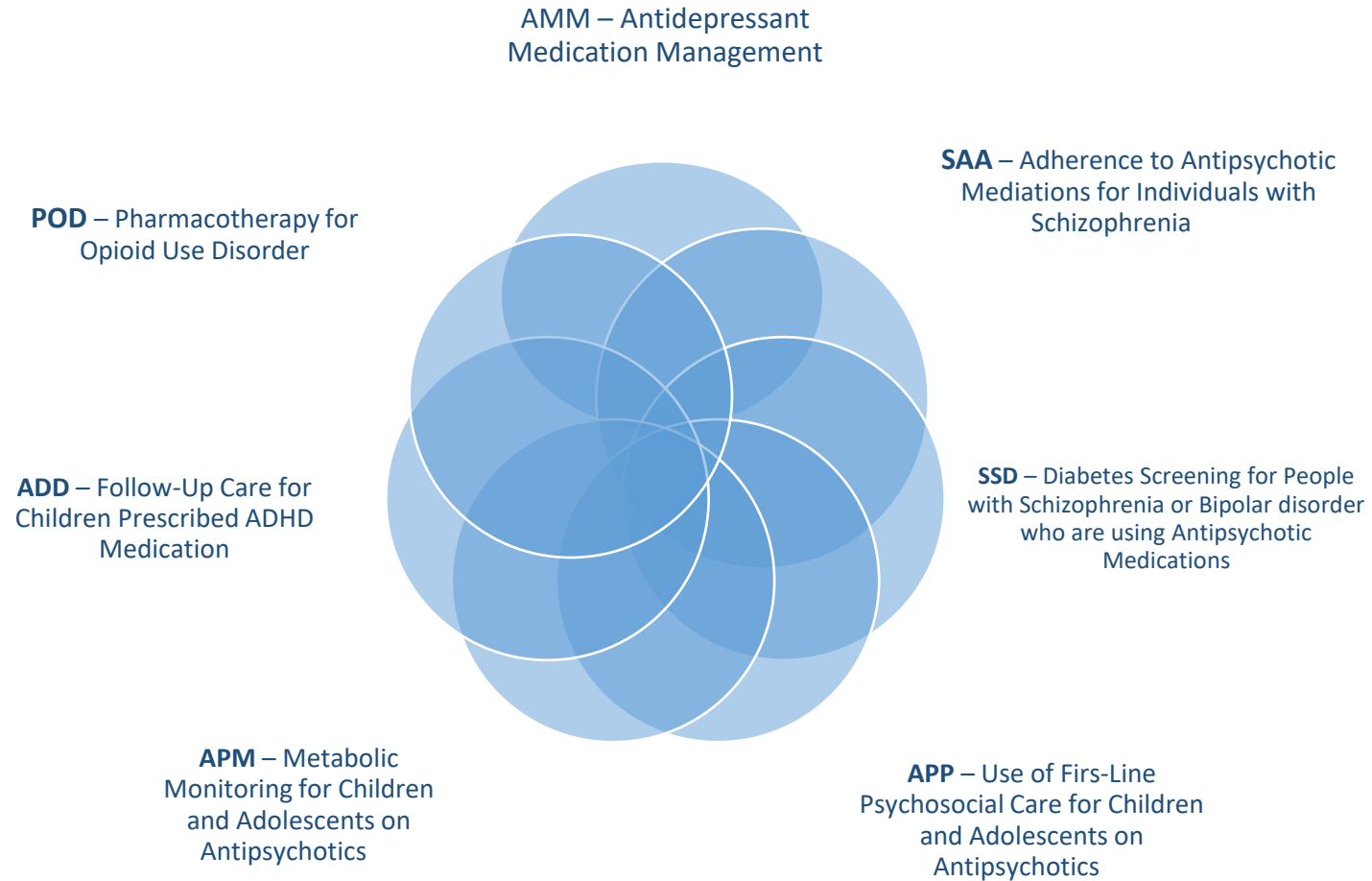


Introduction

Behavioral Health Measures:



Prescription Driven Measures



AMM – Antidepressant Medication Management

Technical Specifications

▶ Description

- ▶ “The percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 18 years or older as of April 30 of measurement year

▶ Intake Period

- ▶ 12 month window
- ▶ May 1- April 30

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

AMM – Antidepressant Medication Management

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators

▶ **Effective Acute Phase Treatment**

- At least 84 days (12 weeks) of antidepressant treatment

▶ **Effective Continuation Phase Treatment**

- At least 180 days (6 months) of antidepressant treatment

SAA – Adherence to Antipsychotic Medications for Individuals with Schizophrenia

Technical Specifications

▶ Description

- ▶ “The percentage of members 18 years of age or older during the measurement year with schizophrenia or schizoaffective disorder who were dispensed and remained on an antipsychotic medication for at least 80% of their treatment period.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 18 years and older

▶ Time Frame

- ▶ Index Prescription Start Date (IPSD)
- ▶ December 31

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

SSD – Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications

Technical Specifications

▶ Description

- ▶ “The percentage of members 18-64 years of age with schizophrenia, schizoaffective disorder or bipolar disorder, who were dispensed an antipsychotic medication and had a diabetes screening test during the measurement year.” ~ NCQA

▶ Eligible Population

- ▶ Medicaid
- ▶ 18 – 64 years

▶ Time Frame

- ▶ Index Prescription Start Date (IPSD)
- ▶ IPSD through December 31

▶ Numerator

- ▶ Blood Glucose
- ▶ Glucose or A1c

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

Technical Specifications

▶ Description

- ▶ “The percentage of children and adolescents 1-17 years of age who had a new prescription for an antipsychotic medication and had documentation of psychosocial care as first-line treatment.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 1 – 17 years old that received ≥ 2 antipsychotic prescriptions

▶ Time Frame

- ▶ Index Prescription Start Date (IPSD)
- ▶ 90 days prior to IPSD through 30 days after

▶ Age Stratification

- ▶ 1 – 11
- ▶ 12 – 17
- ▶ Total

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

Technical Specifications

▶ Description

- ▶ “The percentage of children and adolescents 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates reported.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 1 – 17 years old that received ≥ 2 antipsychotic prescriptions

▶ Age Stratification

- ▶ 1-11
- ▶ 12-17
- ▶ Total

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

Technical Specifications (cont'd)

- ▶ Denominator
 - ▶ The eligible population

- ▶ Numerators: Members who received at least one of the following prior to December 31
 - ▶ Blood Glucose
 - ▶ Glucose or A1c
 - ▶ Cholesterol
 - ▶ LDL-C or cholesterol
 - ▶ Blood Glucose **and** Cholesterol
 - ▶ Glucose or A1c
 - ▶ LDL-C or cholesterol

Technical Specifications

▶ Description

- ▶ “The percentage of children newly prescribed attention-deficit/hyperactivity disorder (ADHD) medication who had at least three follow-up care visits within a 10-month period, one of which was within 30 days of when the first ADHD medication was dispensed. Two rates are reported.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 6-12 years of age

▶ Intake Period

- ▶ 12 month window
- ▶ March 1 – Last Day of February

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators:

▶ ***Rate 1; Initiation Phase***

- 30 days following Index Prescription Start Date (IPSD)
- Do not count a visit on IPSD as the Initiation Phase visit

▶ ***Rate 2; Continuation and Maintenance Phase***

- 300 days (10 months) following Index Prescription Start Date (IPSD)
- Numerator compliant for Rate 1 – Initiation Phase
- At least 2 different visits from 31-100 days (9 months) after the IPSD

▶ MY 2023 Changes/Updates

- ▶ **Added instructions for calculating covered days.**
- ▶ **Hospice services in MY meets exclusionary criteria.**

POD – Pharmacotherapy for Opioid Use Disorder

Technical Specifications

▶ Description

- ▶ “The percentage of new opioid use disorder (OUD) pharmacotherapy events with OUD pharmacotherapy for 180 or more days among members 16 years of age and older with a diagnosis of OUD.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 16 years old and older

▶ Intake Period

- ▶ 12 month window
- ▶ July 1, 2022 – June 30, 2023

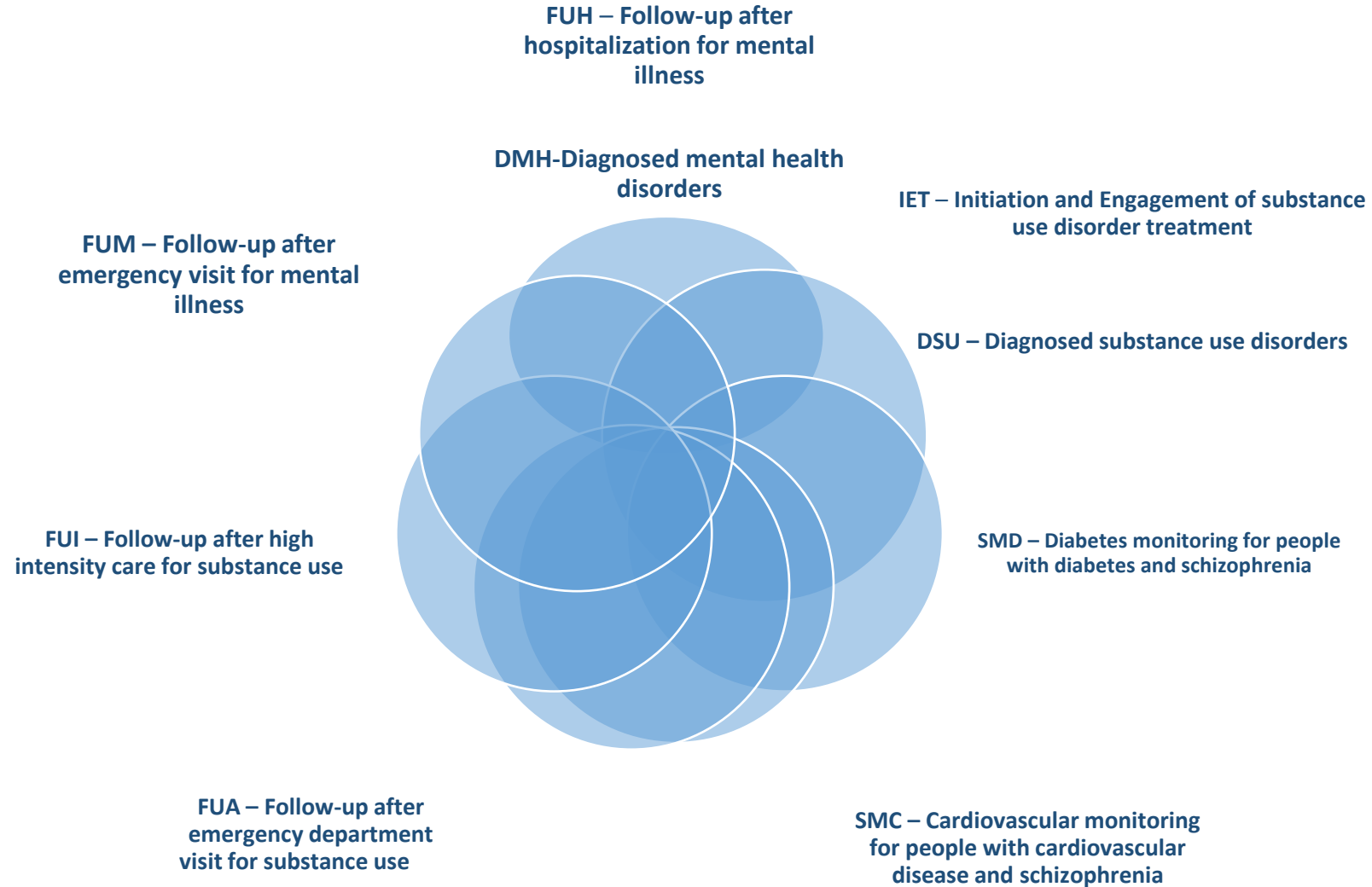
▶ Age Stratification

- ▶ 16 – 64
- ▶ 65 and older
- ▶ Total

▶ MY 2023 Changes/Updates

- ▶ Hospice services in MY meets exclusionary criteria
- ▶ Added new data elements tables for race and ethnicity stratification reporting.
- ▶ Added instructions to report rates stratified by race and ethnicity for each product line.

Diagnosis Driven Measures



FUH – Follow-Up After Hospitalization for Mental Illness

Technical Specifications

▶ Description

- ▶ “The percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health provider. 2 rates are reported.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 6 years and older as of the date of discharge

▶ Age Stratification

- ▶ 6 – 17
- ▶ 18 – 64
- ▶ 65 and older
- ▶ Total

FUH – Follow-Up After Hospitalization for Mental Illness

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators:

▶ ***7-Day Follow-Up***

- ▶ F/U visit with a mental health provider within 7 days after D/C
- ▶ Do not include visits that occur on the date of D/C

▶ ***30-Day Follow-Up***

- ▶ F/U visit with a mental health provider within 30 days after D/C
- ▶ Do not include visits that occur on the date of D/C

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

FUM – Follow-Up After Emergency Department Visit for Mental Illness

Technical Specifications

▶ Description

- ▶ “The percentage of emergency department (ED) visits for members 6 years of age and older with a principal diagnosis of mental illness or intentional self-harm, who had a follow-up visit for mental illness. 2 rates are reported.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 6 years and older as of the ED visit

▶ Age Stratification

- ▶ 6 – 17
- ▶ 18 – 64
- ▶ 65 and older
- ▶ Total

FUM – Follow-Up After Emergency Department Visit for Mental Illness

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators:

▶ **7-Day Follow-Up**

- ▶ F/U visit with any practitioner within 7 days after ED visit (8 total days). Include visits that occur on the date of the ED visit.
- ▶ Principal Dx of a mental health disorder or intentional self-harm

▶ **30-Day Follow-Up**

- ▶ *F/U visit with any practitioner within 30 days after ED visit (31 total days). Include visits that occur on the date of the ED visit*
- ▶ Principal Dx of a mental health disorder or intentional self-harm

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

FUI – Follow-Up After High-Intensity Care for Substance Use Disorder

Technical Specifications

▶ Description

- ▶ “The percentage of acute inpatient hospitalizations, residential treatment or withdrawal management visits for a diagnosis of substance use disorder (SUD) among members 13 years of age and older that result in a F/U visit or service for substance use disorder. 2 rates are reported.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 13 years and older as of the date of D/C, stay or event

▶ Age Stratification

- ▶ 13 – 17
- ▶ 18 – 64
- ▶ 65 and older
- ▶ Total

FUI – Follow-Up After High-Intensity Care for Substance Use Disorder

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators:

▶ ***7-Day Follow-Up***

- ▶ F/U visit with any practitioner for a principal Dx of SUD within 7 days after an episode of SUD
- ▶ Do not include visits that occur on the date of the denominator episode

▶ ***30-Day Follow-Up***

- ▶ F/U visit with any practitioner for a principal Dx of SUD within 30 days after an episode of SUD
- ▶ Do not include visits that occur on the date of the denominator episode

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria.**
- ▶ **Replaced “detoxification” with “withdrawal management”.**

FUA – Follow-Up After Emergency Department Visit for Substance Use

Technical Specifications

▶ Description

- ▶ “The percentage of emergency department (ED) visits for members 13 years of age and older with a principal diagnosis of Substance Use Disorder (SUD), or any diagnosis of drug overdose, for which there was a follow-up.”
~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid
- ▶ 13 years and older as of the ED visit

▶ Age Stratification

- ▶ 13 – 17
- ▶ 18 and older
- ▶ Total

FUA – Follow-Up After Emergency Department Visit for Substance Use

Technical Specifications (cont'd)

▶ Denominator

- ▶ The eligible population

▶ Numerators:

▶ ***7-Day Follow-Up***

- ▶ F/U visit with any practitioner for a principal Dx of SUD within 7 days after the ED visit (8 total days)
- ▶ Include visits that occur on the date of the ED visit

▶ ***30-Day Follow-Up***

- ▶ F/U visit with any practitioner for a principal Dx of SUD within 30 days after the ED visit (31 total days)
- ▶ Include visits that occur on the date of the ED visit

FUA – Follow-Up After Emergency Department Visit for Substance Use



Technical Specifications (cont'd)

▶ MY 2023 Changes/Updates

- ▶ Hospice services in MY meets exclusionary criteria.
- ▶ Added instructions to report rates stratified by race and ethnicity for each product line.
- ▶ Added new data elements tables for race and ethnicity stratification.
- ▶ Added eligible population instructions for ED visits followed by residential treatment.

IET – Initiation and Engagement of Substance Use Disorder

Technical Specifications

▶ Description

- ▶ “The percentage of new substance use disorder (SUD) episodes that result in treatment initiation and engagement”. ~NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 18 years and older

▶ Intake Period

- ▶ November 15- November 14
- ▶ Index Episode Start Date (IESD)

▶ Age Stratification

- ▶ 13 – 17
- ▶ 18 and older
- ▶ Total

Technical Specifications (cont'd)

➤ Denominator

Eligible Population

➤ Numerators:

➤ ***Rate 1; Initiation of SUD Treatment***

➤ Initiation of SUD treatment within 14 days of the IESD

- Inpatient
- Outpatient
- Telehealth
- Medication Treatment

➤ ***Rate 2; Engagement of SUD Treatment***

➤ 34 days after the initiation event

Technical Specifications (cont'd)

- ▶ MY 2023 Changes/Updates
 - ▶ Added instructions to report rates stratified by race and ethnicity for each product line.
 - ▶ Added new data elements tables for race and ethnicity stratification reporting.
 - ▶ Hospice services in MY meets exclusionary criteria

SMD – Diabetes Monitoring for People With Diabetes and Schizophrenia

Technical Specifications

▶ Description

- ▶ “The percentage of members 18-64 years of age with schizophrenia or schizoaffective disorder and diabetes who had both an LDL-C test and an HbA1c test during the measurement year.” ~ NCQA

▶ Eligible Population

- ▶ Medicaid
- ▶ 18- 64 years

▶ Denominator

- ▶ The eligible population

▶ Numerator

- ▶ HbA1c *and* LDL-C

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

SMC – Cardiovascular Monitoring for People With Cardiovascular Disease and Schizophrenia

Technical Specifications

▶ Description

- ▶ “The percentage of members 18-64 years of age with schizophrenia or schizoaffective disorder and cardiovascular disease, who had an LDL-C test during the measurement year.” ~ NCQA

▶ Eligible Population

- ▶ Medicaid
- ▶ 18- 64 years of age

▶ Denominator

- ▶ The eligible population

▶ Numerator

- ▶ LDL-C

▶ MY 2023 Changes/Updates

- ▶ Hospice services in MY meets exclusionary criteria

Technical Specifications

▶ Description

- ▶ “The percentage of members 1 year of age and older who were diagnosed with a mental health disorder during the measurement year.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 1 year and older as of 12/31

▶ Age Stratification

- ▶ 1 – 17
- ▶ 18 – 64
- ▶ 65 and older
- ▶ Total

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

Technical Specifications

▶ Description

- ▶ “The percentage of members 13 years of age and older who were diagnosed with a substance use disorder during the measurement year. Four rates are reported:
 1. The percentage of members diagnosed with an alcohol disorder.
 2. The percentage of members diagnosed with an opioid disorder.
 3. The percentage of members diagnosed with a disorder for other or unspecified drugs.
 4. The percentage of members diagnosed with any substance use disorder.” ~ NCQA

▶ Eligible Population

- ▶ Commercial, Medicaid, Medicare
- ▶ 13 years and older as of 12/31

▶ MY 2023 Changes/Updates

- ▶ **Hospice services in MY meets exclusionary criteria**

▶ Age Stratification

- ▶ 13 -17
- ▶ 18 – 64
- ▶ 65 years and older
- ▶ Total

ECDS

- **DSF-E- Depression screening and follow up for adolescents and adults**
- **DMS-E- Utilization of the PHQ-9 to monitor depression symptoms for adolescents and adults**
- **DRR-E- Depression remission or response for adolescents and adults**
- **ASF-E- Unhealthy alcohol use screening and follow-up**
- **SNS-E- Social need screening and intervention**



References

- ❑ <https://www.ncqa.org/hedis/>
- ❑ <https://www.psychiatry.org/>
- ❑ <https://www.aacap.org>



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Clinical Quality Nurse Visits

2023 Monthly Jam Session and Tech Spec Series

Recommendations

- ▶ When screenings or preventive modalities may be indicated:
 - Colonoscopy, Cologuard® and/or FOBT
 - Mammography
 - Pap Smear and/or HPV testing
 - Immunizations

Teaching/Coaching

- ▶ How to perform an appropriate blood pressure screening and when to repeat if indicated
- ▶ What elements may be necessary to complete measure compliance
 - Point of care testing and/or recommendations for lab orders
 - Obtaining height or weight for BMI calculations

Advisement

- ▶ Documentation elements that may have been captured during visits
 - History taking and recording; medical, surgical
 - Problem list updating; current vs historical
 - Diagnosis/Assessment awareness
- ▶ Coding for capturing compliance

Specialty Visits

- ▶ Primary Care / Family Medicine
- ▶ Pediatrics
- ▶ Women's Health
- ▶ Cardiology
- ▶ Endocrinology
- ▶ Nephrology
- ▶ Urgent Care Clinics



An RN subject matter expert in HEDIS can visit your office and provide support for your provider(s) and staff in real-time!



Thank you!
Questions?

If you have questions, please contact ClinicalQualityNV@uhc.com